



# Bowl Food Menu

**Ren's Kitchen, 86 Penfold Road, Worthing, BN14 8PG**  
**Tel: 01903 213953 Web: [www.renskitchen.co.uk](http://www.renskitchen.co.uk)**

**...this menu is perfect for events and parties where space and seating is at a premium,  
but you still want to offer your guests something delicious and hot to eat!**

**Our chefs prepare the food either off site, in a separate kitchen, or in front of your guests,  
and the stunningly presented bowls of food are served by our team of smart and efficient waiting staff.**

**All prices include service, crockery and equipment hire, set up and clearing.**

**All meals are designed to be eaten whilst standing (with a drink in the other hand!) Perfect!**

- Mexican style pulled pork with spicy rice and beans, with a fresh tomato and coriander salsa and sour cream
- Pad Thai noodles with lemongrass chicken, tiger prawns and toasted nuts
- Seafood paella with king prawns, mussels, calamari, and chorizo, steamed with saffron and smoked paprika
- Beef stroganoff served with orecchiette, sour cream and paprika
- Thai green chicken curry with coconut rice
- Prawn biryani scented with cardamom and saffron
- Moroccan spiced chick pea and aubergine tagine (vegan)
- Wild mushroom and artichoke risotto with fresh Parmesan (veggie)
- Penne pasta with chargrilled chicken, fresh tomato and basil sauce
- Tuna nicoise salad with parsley and anchovy vinaigrette
- Hearty beef stew with root vegetables and pearl barley
- Beer battered Pollock with hand cut chips and fresh tartare
- Sweet chilli and sesame halloumi Skewers with fragrant cous cous, pomegranate and lime (veggie)
- Home made spinach and ricotta gnocchi with sage oil and toasted pine nuts (vegan)
- Butternut, thyme and parmesan risotto balls with a sundried tomato and basil sauce, fresh parmesan and watercress

## **Sweet Options**

- Sticky toffee pudding with salted caramel sauce and honeycomb shards
- Poached pears with almond and shortbread crumble, vanilla clotted cream
  - Eton mess with chewy meringue and fresh Summer berries
- Warm chocolate and hazelnut brownie with Green and Blacks chocolate sauce
- Baked lemon cheesecake with fresh raspberries and raspberry coulis
- Vegan rice pudding with mango, coconut and passion fruit

**...Choose one option for £6.25 per head  
Choose two options for £9.95 per guest  
Choose three options for £12.95 per guest**

**Plus vat @ 20%  
Based on 20 guests minimum**

